

Working together to provide services that help people maintain their independence.

Home & Community Care (HCC)

In preparation for the Indiana's transition to managed Long Term Services and Supports, through a program that will be known as Indiana Pathways for Aging and is due to begin July 1, 2024, HCC participated in readiness reviews and provided outreach and education in order to ensure a smooth transition for our 60+ Medicaid recipients. In Summer 2023, our Aging and Disability Resource Center (ADRC) launched Trualta, an innovative program that provides caregivers with valuable lessons and resources to enhance their caregiving skills. The ADRC also combatted Medicare fraud through a program known as the Senior Medicare Patrol (SMP) and provided guidance to older adults choosing Medicare plans through State Health Insurance Assistance Programs (SHIP) Counseling. We also partnered with Margaret Mary Health to address frequent Emergency Department visits and INcompass Healthcare to improve mental health care coordination and resources. Lastly, we invested in our staff by offering Community Health Worker certifications.



Health & Wellness

Our Senior Nutrition Activity Centers (SNACs) served over 7,000 meals in 2023. SNACs offer individuals a place to gather, enjoy a meal, participate in games and other activities, and to socialize. A unique grant opportunity allowed us to subsidize the meals with 7-8 pounds of fresh produce twice a month and monthly blood pressure screenings and weigh-ins are allowing us to track how the fresh produce is affecting participants' health; with many reporting positive results. In addition to addressing nutrition, our Walk With Ease program helped participants stay active and reduce pain from chronic disease.



Catch-A-Ride

Catch-A-Ride provided our community members with access to medical appointments, employment, shopping, social engagements, and more, increasing trips by 12% in comparison to 2022, and providing over 45,000 trips total. While staffing was a challenge, we were able to make several improvements, including the installation of security and backup cameras and replacing seven vehicles with new (and long-awaited) wheelchair accessible minivans. Our dedication to safety and compliance was demonstrated by successful compliance reviews, conducted by INDOT and the Rural Transportation Assistance Program.

Sentry Services

In the past year, the Sentry Services program maintained its commitment to supporting vulnerable individuals. We expanded our client base by adding 5 new clients, bringing the total served to 46. Our Case Managers participated in 35 care plan meetings, 6 court hearings, 47 medical appointments, 59 quarterly meetings, and conducted 497 monthly visits. These interactions reflect our dedication to actively engaging in the well-being and decision-making process of those under guardianship. We addressed individual client needs, medical concerns, housing issues, and communication and behavior challenges through ongoing advocacy efforts, emphasizing a client-centered approach.



Housing

In 2023, North Dearborn Village and Dillsboro Village Apartments achieved significant milestones and completed essential tasks to enhance their communities. Both properties implemented a Non-Smoking Policy, installed security cameras, received support from the Dearborn County Mobile Health Department and monthly food deliveries from local pantries, and facilitated many activities for residents to enjoy. Dillsboro Village Apartments also secured a \$600,000 Affordable Housing Program Grant.

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Erin Thomas

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Our Mission

Working together to provide services that help people maintain their independence.

Our Vision

Connecting You Today,
Improving Your Tomorrow.

Our Values

Compassion
Cooperation
Commitment



**"We make a living
by what we get.
We make a life
by what we give."**

—WINSTON CHURCHILL

Referrals and donations from the community are vital to our work. Without private and public funding, *LifeTime* could not accomplish our mission and provide the level and quality of service that we do for our area residents on a daily basis. If you or someone you know would like to make a donation, please contact the ADRC at 812-432-6200 or

877- 234-3641 or visit :

www.lifetime-resources.org.

LIFETIME RESOURCES, INC.
13091 BENEDICT DRIVE
DILLSBORO, IN 47018

Remembering *LifeTime* in
your Wills and Memorials is a
Lasting and Loving Gift!

Total Individual Clients Served by County

Dearborn	1,359
Decatur (CAR Only)	125
Jefferson	1,064
Ohio	180
Ripley	964
Switzerland	253
Other Counties	49
Total	3,994

Aging Services Financials

Revenues

Federal & State	\$5,292,464.71
Customer Donations & Fares	\$ 451,840.26
Local Government Support	\$ 246,654.55
Rental Income	\$ 886,996.20
Other Support	\$ 352,187.64
Total Revenue	\$7,230,143.36

Expenses

Administration	\$ 240,161.13
Outreach	\$ 12,463.89
Home Care Management	\$1,269,360.11
Community Care Counseling	\$ 288,761.87
Ombudsman Contract	\$ 7,150.07
In-Home Services	\$ 864,876.46
Information & Assistance	\$ 155,301.22
Senior Nutrition Activity Centers	\$ 189,627.73
Home Delivered Meals	\$ 121,915.92
Sentry Services	\$ 174,277.81
Legal Aid	\$ 4,628.08
Health & Wellness	\$ 10,861.82
Public Information	\$ 4,635.86
Supplemental (Waiver Nut & Pest)	\$ 17,127.00
Family Caregiver Program	\$ 4,483.58
Vaccine Work	\$ 17,584.93
Community Paramedicine	\$ 23,309.01
ARP Aging Funds	\$ 217,615.28
Capital Expenses	\$ 41,928.80
North Dearborn Village Apts.	\$ 494,746.69
Dillsboro Village Apts.	\$ 463,808.84
<i>Catch-A-Ride</i>	\$2,463,331.96
Total Expenses	\$7,087,958.06
Net Income	\$ 142,185.30

Figures are reported from Unaudited Financials.

Positive net income is associated with *Catch-A-Ride* carrying over program income to be used as future match, along with net income from North Dearborn Village which will be placed in reserve.

Total Units of Service by Program

Ombudsman	1,327	1 Hour
Legal Aid	59	1 Hour
Home Care Management	81,149	1/4 Hour
Sentry Services	16,617	1/4 Hour
In-Home Services	116,324	1/4 Hour
Home Delivered Meals	24,093	Meals Served
SNAC	7,060	Meals Served
<i>Catch-A-Ride</i>	46,562	One-Way Trip
ADRC	4,357	1 Call or Contact
Health & Wellness	758	1 Class/Assessment
Adaptive Aid	1,375	1 Assistive Device
Home Modifications	—	1 Home Modification
*Outreach	524	1 Contact

Family Caregiver units are included in several of the above categories. Total Family Caregiver Clients served are 521 Clients.

*Outreach units also include Public Information units and Individual Socialization units.

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