

## Working Together to Provide Services that Help People Maintain Their Independence.

### Aging & Disability Resource Center (ADRC)

Individuals in need are not always aware of the help that is available to them. A caregiver may need help trying to care for a loved one. An older adult may need home delivered meals. A person turning 65 may need assistance in choosing a Medicare plan. The Aging and Disability Resource Center (ADRC), a member of the INConnect Alliance, is *LifeTime Resources'* one-stop-shop for those seeking help with a variety of needs. Our Information

Specialists have access to many local resources to which they can connect people. In 2019, the ADRC developed a new partnership with Senior Medicare Patrol (SMP) to provide a resource that educates people about different types of fraud and how to report them. Contacting the ADRC is also the first step in making a referral for in-home services. If you need help, please call the ADRC at 812-432-6200 or 877-234-3641.

### Home & Community Care

The Home and Community Care (HCC) division at *LifeTime* provides person centered assessments and Options Counseling to those who may need in-home and community

based services. A Community Care Counselor determines what resources and supports, formal and informal, are available to the individual. Many times, people just need help identifying these supports, such as a neighbor who can provide companionship, a family member willing to prepare meals, or installing grab bars to make bathing safer. If it is determined that an individual meets criteria where long term services and supports are needed, a service plan is put into place; it may include home health aides, home delivered meals, homemaking services and more, along with funding options. A Home Care Manager is then assigned to the case for long term maintenance of the plan and to make any changes as needed. Once a service plan is in place, the individual and caregivers have comfort in knowing they can remain at home. The HCC division became accredited by the National Commission for Quality Assurance (NCQA) for its work in Case Management in 2019.



### Nutrition

The Nutrition program not only provides nutritious meals at the Senior Nutrition Activity Centers (SNACs), it also strives to promote overall wellness for participants. In 2019, we introduced the Arthritis Foundation's Walk with Ease program at two of the SNACs to help participants move more. Vital health care connections are also made at the SNACs. A podiatrist provides foot care, nurses from local health facilities provide free blood pressure and sugar screenings, diabetic shoes can be purchased once a year, Purdue Extension offers nutrition tips, and mobile food pantries assist participants who have additional nutritional needs. If a SNAC participant needs extra assistance, the SNAC Director can connect the individual with our ADRC or *Catch-A-Ride* for transportation.



### Sentry Services

Individuals who are unable to make their own health and financial decisions need advocacy. When family members are unable or unwilling to do this, a guardian, healthcare representative, and/or Representative Payee is sometimes appointed. *Sentry Services* provides court-appointed representation of last resort, Representative Payee to Full Guardian. *Sentry Services* receives

referrals from local health agencies and care groups to represent clients in need. In 2019, with a little research, *Sentry Services'* staff was able to reunite a client with her brother, after several years apart. In addition, every year *Sentry Services* organizes an Angel Tree Program where the community is encouraged to donate or purchase gifts for clients so that they may have some cheer during the holidays. This year's gifts were even more personalized than in years past and the clients were very grateful.

### Catch-A-Ride

Transportation is essential to remaining independent and active in the community. For those who are unable to drive, it can be difficult to get

around. Fortunately, our community has a public transportation option to help those in need. *Catch-A-Ride* is a demand response public transportation program that anyone can use for any reason, including going to work, to school, grocery shopping, and to health care appointments. *Catch-A-Ride* ended its Jefferson County loop in early 2019, which allowed for more trips, fewer miles, and lower fuel costs for the community. We also made new improvements in efficiency with our existing transportation software.



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Erin Thomas

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### Adult Guardianship Services

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#### Our Values

Compassion  
Cooperation  
Commitment



WE MAKE A  
**LIVING** BY  
**WHAT WE GET,**  
BUT WE MAKE A  
**LIFE** BY  
**WHAT WE GIVE.**

-WINSTON CHURCHILL

Referrals and donations from the community are vital to our work. Without private and public funding, *LifeTime* could not accomplish our mission and provide the level and quality of service that we do for our area residents on a daily basis. If you or someone you know would like to make a donation, please contact the ADRC at 812-432-6200 or 877-234-3641 or visit [www.lifetime-resources.org](http://www.lifetime-resources.org).

**LIFETIME RESOURCES, INC.**

**13091 BENEDICT DRIVE  
DILLSBORO, IN 47018**

**Remembering *LifeTime* in  
your Wills and Memorials  
is a Lasting and Loving Gift!**

## Aging Services Financials

### Revenue

Federal & State	3,837,489.06
Customer Fees/Donations	264,454.52
Local Gov't Support	159,536.61
Other Support	407,560.15
<b>Total Revenue</b>	<b>4,669,040.34</b>

### Expenses

Aging & Disability Services	2,437,065.67
Sentry Services	199,585.04
Capital Expenses	156,744.00
<i>Catch-A-Ride</i>	1,875,645.63
<b>Total Expenses</b>	<b>4,669,040.34</b>

## Total Units of Service by Program

Ombudsman	648	1 Hour
Legal Aid	71	1 Hour
Home Care Mgt.	66,980	1/4 Hour
Sentry Services	16,840	1/4 Hour
In-Home Service	82,828	1/4 Hour
Home Delivered Meals	14,101	Meals Served
SNAC	18,203	Meals Served
<i>Catch-A-Ride</i>	81,151	One-Way Trip
ADRC	3,745	1 Call/Contact
Health & Wellness	727	1 Class/Assess.
Adaptive Aid	994	1 Device
Outreach/Public Info	1,069	1 Contact

\*Family caregiver units are included in several of the above categories. Total Family Caregiver Clients served are 655 Clients.

## Total Individual Clients Served by County

Dearborn	1,760
Decatur (CAR only)	222
Jefferson	1,158
Ohio	202
Ripley	1,003
Switzerland	222
Other	196
<b>Total</b>	<b>4,763</b>

## Donors 2019

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Brent Bascom  
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