

For over 40 years,

we have been serving residents of Dearborn, Jefferson, Ohio, Ripley, and Switzerland counties. Our programs are designed to meet the growing needs of the people in our community.



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Annual Report to the Community—2016 Highlights

ADRC

Whether you are an older adult looking for help navigating the Medicare application process or a family caregiver searching for resources for Mom and Dad, the Aging and Disability Resource Center (**ADRC**) is your **one-stop shop** for the information you need. The ADRC provides information about home care, legal assistance, nursing facility placement, utility assistance, insurance, and houses a resource library that is open to the public.

In response to the implementation of the new Health Insurance Marketplace in 2014, two of the ADRC staff became Certified Applications Counselors so they can better assist consumers in making their health coverage decisions. Please call 812-432-6200 or 877-234-3641 for more information.

Nutrition

Around noon, Monday – Friday, across our five counties you can find individuals 60 and over socializing and enjoy a hot meal at one of our eight Senior Nutrition Activity Centers (SNAC).

During 2016, we served almost 3,000 more meals than in the previous year, indicating that we are reaching those individuals who need our program. SNAC participants had fun playing bingo, cards, games, and enjoyed monthly birthday celebrations. The nutrition program worked with Catch-A-Ride to provide transportation to the SNACs and with *LifeTime's* Community Care Counselors to offer presentations each month that bring valuable information to the seniors. We worked with a local attorney who gave presentations at all SNACs on Advance Directives. We were able to use our Legal Aid program to help SNAC participants establish their own Power of Attorney. This year, we were able to partner with local housing facilities to provide foot care for individuals at the majority of our SNACs.

One of the most exciting things in 2016 was the opening of a new SNAC at the Dillsboro Village Apartments, where residents and members of the community come together each day to enjoy food, fun and fellowship.

Options Counseling and Case Management

Admitting that you need help with your daily living activities can be hard. At the same time, a family caregiver who has a full-time job can only do so much to help a loved one before it starts to cause undue stress in their own lives. Options Counseling and Care Management services are available to assess the needs of both older adults and their caregivers. Our experienced and caring staff will work with you to identify your needs, evaluate your options, and develop an individualized care plan connecting you to the resources that will be best for your situation. Our staff is available to meet with you in your home or at your time of need while at the hospital or in the nursing home. Our person centered approach recognizes that each person's situation is unique as are their individual goals. Our staff have been professionally trained to provide the guidance and support need to reach your goals, meet your needs and enhance your quality of life.

Sentry Services

Susie, a 55 year old female was referred to for assistance in managing her social security disability benefits. Sentry Services became her payee and worked with gain skills that would allow her to manage her own benefits. Within 3 months, Susie was able to become her own representative payee. Not all clients are able to achieve that goal. Sentry Services currently provides guardianship and representative payee services to 57 older adults and disabled individuals who have no one else to assist.

Working Together to Provide Services that Help People

Number of Clients Served by County

Dearborn	2,300
Decatur (CAR only)	163
Jefferson	1586
Ohio	253
Ripley	1295
Switzerland	357
Other	267
Total	6221



In 2016, *Catch-A-Ride* provided 86,802 one-way trips to 2,164 individuals clients. For many, *Catch-A-Ride* is a vital resource—one that allows them to maintain their independence and remain active in the community by providing access to medical appointments, employment, shopping, and much, much more. In addition to the individuals served,



Catch-A-Ride has many community partners, including *LifeTime's* Senior Nutrition Activity Centers (SNACs). The Directors of each program teamed up in 2016 and met with various senior and low income housing residents in the area to discuss their needs, provide education about *Catch-A-Ride* and the SNACs, and to arrange transportation to/from the SNACs when needed. We found that there were individuals who were in need of transportation, nutritious meals, and/or socialization who did not know that those options existed—or who were afraid to try them. In one case, and so she would feel more confident, we arranged for a member of the staff to accompany a 91 year old client on her first visit to the SNAC site using *Catch-A-Ride*. We also found that individuals who attend the Vevay SNAC did not have the ability to get to the grocery store, so *Catch-A-Ride* arranged to provide regular shopping trips for those individuals. *Catch-A-Ride* is proud to be able to work with its community partners to meet the needs of our community members.



All services provided by *LifeTime Resources* are provided without regard to race, age, color, religion, sex, disability, national origin or ancestry and are available to individuals of all incomes.

I want to help.

For online donations, volunteer opportunities, or other information, please visit:

www.lifetime-resources.org

Call (812) 432-6200
or (877) 234-3641

Aging Services Financials

Revenue

Federal & State	3,428,805.81
Customer Donations	335,422.17
Local Gov't Support	146,132.95
Other Support	52,673.55
Total Revenue	3,963,034.48

Expenses

Administration	220,752.92
Outreach	783.64
Home Care Mgt.	580,592.09
Comm. Care Counseling	243,059.70
PAS	50,741.69
Ombudsman Contract	17,940.00
In-Home Services	446,468.60
I&A	114,333.18
SNAC	279,417.41
MOW	66,543.07
Sentry Services	156,758.43
Legal Aid	5,900.95
Health & Wellness	12,095.77
Public Information	4,030.19
Aging in Place	47,126.27
Capital Expenses	44,888.00
<i>Catch-A-Ride</i>	1,671,602.57
Total Expenses	3,963,034.48

Total Units of Service by Program

Ombudsman	565	1 Hour
Legal Aid	85	1 hour
Home Care Mgt.	59,893	1/4 Hour
Sentry Services	17,644	1/4 Hour
Family Caregiver	4,108	1/4 Hour
In-Home Service	82,089	1/4 Hour
Meals on Wheels	16,797	Meals Served
SNAC	23,370	Meals Served
Catch-A-Ride	86,802	One-Way Trip
ADRC	3,492	1 Call/Contact
Health & Wellness	1,545	1 Class/Assess.
PAS	7,086	1/4 Hour



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